

STRATEGIES FOR PROFESSIONAL DEVELOPMENT

Continuing down the road of education



SELF-ANALYSIS SHEET

- Let's take a journey deep into our souls
 - Write about yourself
- Discuss your sheet in small groups
- Let's share some of our answers!

TIME MANAGEMENT

- First and foremost, the ****EVIL**** BUKATSU
 - Takes up free time after school and weekends.
 - Teachers are required to have expertise.
- What to do:
 - Change the dates to suit your own schedule.
 - Take turns with the other teachers.
- At school...
 - Shut out the distractions.
 - Make use of your short breaks.

HOW TO USE YOUR TIME

- PIGATE
- Improve your English
 - Conversation clubs
 - English lessons
 - Reading English books
 - Watching English TV shows/movies
 - NHK ラジオ英会話
- Get a hobby outside of work
- Have a drink with your ALT

PIGATE

■ What is PIGATE?

- PIGATE is a group of English Teachers, ALTs, and others working together to improve English Education
- Usually about 15 people sharing ideas for classes
- Run by Professor Takaki Nobuyuki out of Kumamoto University

■ Why?

- Feedback on your lesson plans
- New ideas
- Making new and stronger connections
- Assist and learn from each other

You are not alone!



IMPROVE YOUR ENGLISH

- Conversation Clubs
- English Classes
- English Books
- Watch TV shows/Movies
- Listen to NHK ラジオ英会話!
- Spend time with native English speakers
- Good old-fashioned studying

FIND A HOBBY

- Working long hours can be demoralizing
- Finding a hobby unrelated to work can help refresh yourself
- A hobby gives you something to look forward to outside of work
- Having a fulfilling and balanced life allows you to provide better guidance for students

ALT SPECIFIC IDEAS

- **Learn Japanese**
 - Learning grammatical words is invaluable for explaining stuff to students
- **Learn how the Japanese school system work**
 - Even ALTs with teaching experience may find that the same techniques they used don't work
 - Use the Japanese education system to your advantage
- **Interact with students after school**
 - Developing closer bonds will help with students' motivation
- **Ask questions**
 - Understanding school events or drama can help you understand classroom dynamics
- **Always act like your job matters**
 - Try not to zone out if you're not leading the class – find some way to help

BEFORE THE CLASS...

- Plan how you will use the chalkboard
 - By planning ahead of time, you can maximize visibility and minimize wasted time
 - Using colored chalk helps students understand parts of speech
- Plan your classes to have small, easily achieved goals
 - Helps with student motivation
 - Gives struggling students more confidence
 - Match the difficulty of your class plan to the class' level
- Talk to your Team Teaching partner
 - Knowing your roles ahead of time helps the class run smoothly
 - Having a good division of labor makes your job easier

AFTER CLASS...

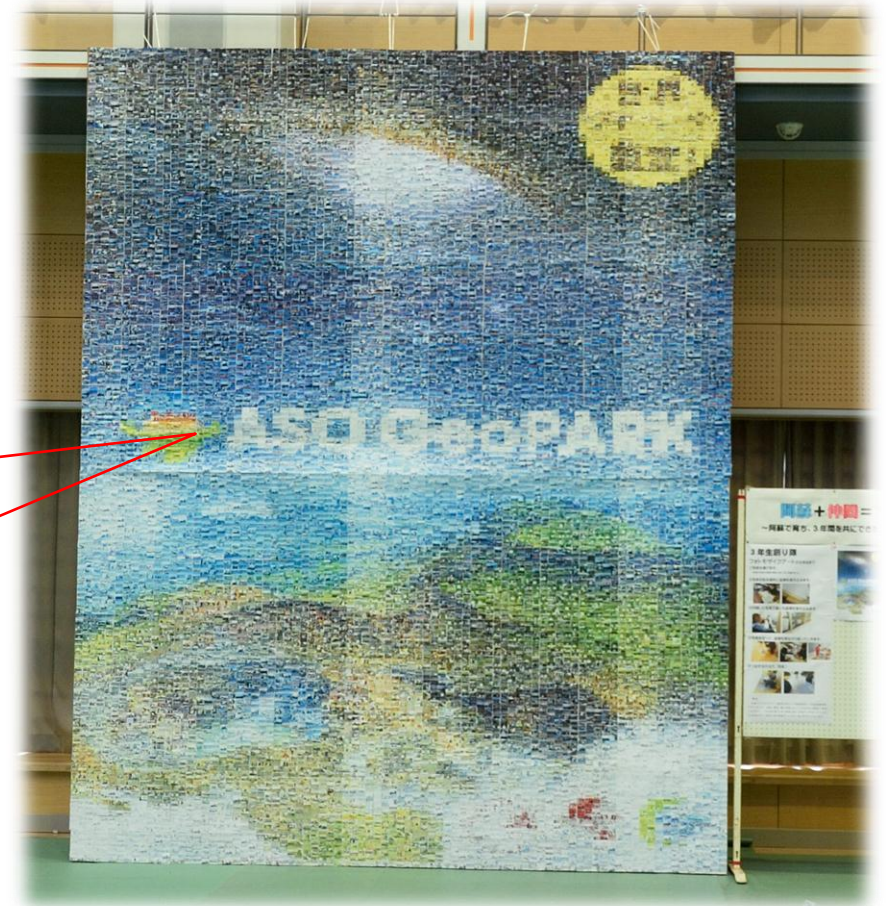
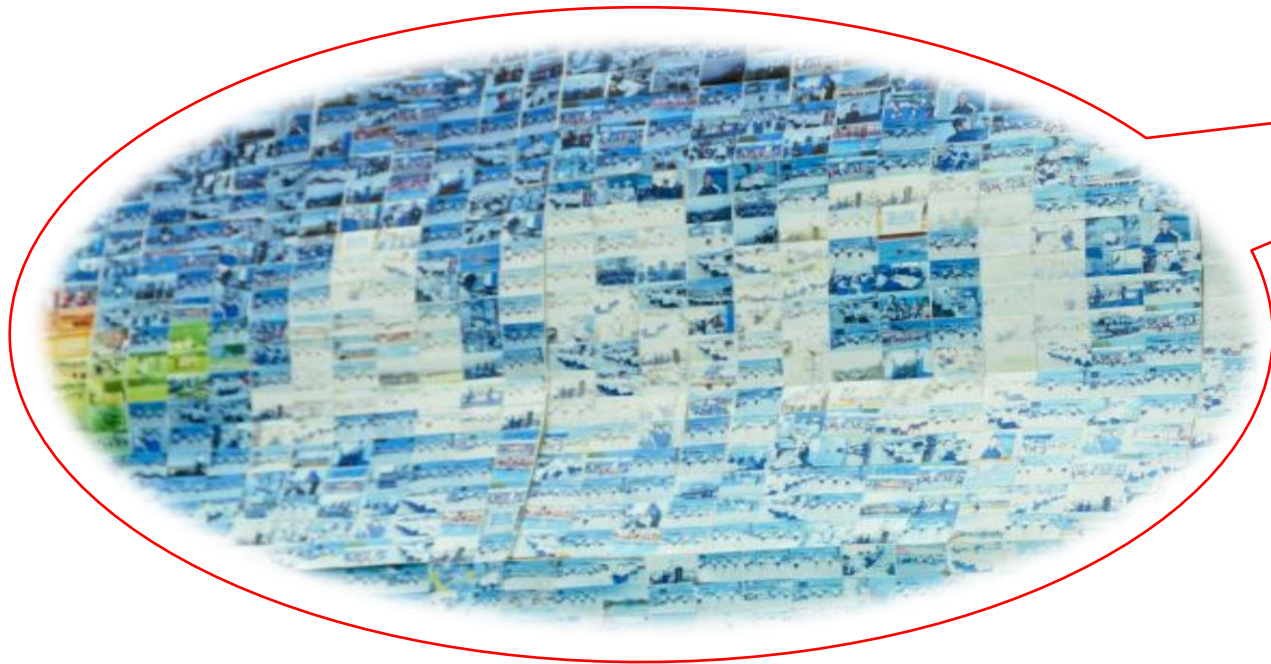
- **Take a picture of your chalkboard**
 - Look for what grabs your immediate attention
- **Keep track of how your classes went**
 - Writing a journal with what went well or poorly will help you plan in the future
- **Talk with your team teaching partner**
 - Ask for a second opinion about how things went
- **Read students' self-evaluation sheets**
 - If you use them, they can help keep track of students' individual progress

RESOLUTIONS

- Using the second part of the hand out, write a resolution
- After finalizing your resolution, find a booster
 - Declare your resolution to your booster and have them sign
- Do it!
 - This is something you want to make sure you do. Stick with it!



A SMALL CHANGE MAKES A BIG DIFFERENCE



THE END



- Thanks for your attention!
- If you have any questions or comments,
feel free to contact us
 - Tomomi Nishioka
 - Jeff Cameron