

Calling a cab

Always have cab fare on you. Program your preferred cab company into your phone.

タクシー乗り場 Takushi noriba:
taxi stand

～から ～kara: from ～

～まで ～made: to ～

タクシーおねがいます。Takushi onegai shimasu: I'd like a cab, please.

タクシーをよんでください。Takushi o yonde kudasai: Please call a cab.

どこでタクシーにのることができますか。Doko de takushi ni noru koto dekimasu ka?: Where can I catch a cab?

この場所までおねがいます。Kono basho made onegai shimasu: To this place, please.

ここにとめてください。Koko ni tomete kudasai: Stop here please.

料金はいくらですか。Ryoukin wa ikura desu ka?: How much is the fare?

Check this site out for pronunciation and more: <http://japanese-phrases.sakura.ne.jp/page11j.html>

Resources

If you or a friend have experienced something that worries, upsets, or scares you, please, contact one of the following resources. They are **anonymous** and **free**.

AJET Peer Support Group

- 8PM to 7AM every night -

050-5534-5566 or
'AJETPSG' on Skype
(<http://www.ajet.net/psg/>)

Tokyo English Lifeline

- 9AM to 11PM daily -
03-5774-0992

(<http://www.telljp.com/>)

Special thanks to Marilyn

Women's Safety

Kumamoto Prefecture
Orientation 2014

Japan is a very safe country, but no country is perfectly safe. Women here in Kumamoto have been verbally harassed, physically assaulted, been followed home, had their home entered by strangers, and escaped attempted abduction. Some of these incidents were in public, in broad daylight. None of these things were their fault, but these are things that can and do happen. Therefore, it is regrettably necessary to take the same precautions as in your home country. Often, ALTs are highly visible in Japan and, unfortunately, this can make us targets. Differences in how we dress, express ourselves, or show affection are sometimes used as excuses or dismissals of disturbing actions. **A person's appearance or behavior is never an invitation for abuse.**

Emergency Numbers

An emergency phone call can be made free of charge from any phone, including public pay phones. If you cannot speak Japanese, you will be transferred to an English Answering service in Tokyo.

110 POLICE

Call 110 to report an accident or crime to the police call center.

119 FIRE, AMBULANCE, and RESCUE

Call 119 to report a fire or to ask for an ambulance or rescue service or to contact an emergency call center (fire station).

A typical *koban*. Learn where your neighborhood / route's *koban* are during your day-to-day routines.



Precautions

- Always lock your house, whether you are going out or are at home. Do not write your name on your doorplate or mailbox. Instead, use a magnet or sticker to help friends identify your home.
 - Sometimes walking home alone at night is unavoidable.
 - Don't listen to music or play with your phone. Keep your head up and your wits about you.
 - Call a friend and let them know when you're leaving and when you will be home. Check in with them when you get home.
 - Carry a flashlight, especially if you live in a rural area.
 - Try to walk on well-lit or populated roads. Avoid shortcuts through isolated areas.
 - Consider using a smart phone app such as bSafe (free!) or Circle of 6 (also free!) to keep in contact with friends and loved ones as you travel
 - Especially if it is late or you have been drinking, take a taxi cab
 - Know how you will get home – public transportation ends earlier here than in many other countries. ATMs also shut down, so make sure you have money for fares
 - If you think you are being followed, go into a convenience store or police box (*koban* – they have a red light on when an officer is present)
 - If you can, vary your route home
 - If you need to go out for something at night, wear good, comfortable shoes and comfortable clothing – things that you can move and run in. Call a friend so someone knows where you are
 - Be selective about giving personal information such as e-mail, Facebook, or Line IDs – if you are being stalked or harassed online/by phone, please contact your contracting organization, PAs, a senior ALT, or the police
- Many ALTs of every gender have experienced intrusive or offensive questioning, comments, or touching by strangers. There is a pressure to be polite and a good representative of your country/the JET programme. You do not have to be polite or a representative. Many ALTs have experienced these things in the workplace as well – this is sexual harassment and it is unacceptable. Document the incident (date, time, what happened in detail) and talk to your supervisor or a PA for help.