

Immigration and Covid-19 Quarantine Guide For Returning JETs



ATTENTION

Please aware that this is simply a general guide to shed some light on immigration and Covid-19 quarantine procedures for returning JETs. These procedures may change at any time and it's your responsibility to do your own research to confirm that the information below is up to date and accurate. Also, please be aware that airlines may have their own specific procedures regarding Covid-19. This guide was updated on 10 March 2021.

Usually, it's necessary to take a Covid-19 test (PCR test) within 72 hours of traveling internationally and show the negative result to your airline at the airport. Below are two facilities in Kumamoto at which you can take a PCR test:

蓮台寺クリニック (Rendaiji Clinic) 096-355-2810

はがこどもクリニック (Haga Pediatric Clinic) 096-289-7020

A reservation should be made well in advance and the test can be conducted in English. However, if you are not confident in your Japanese ability it is still recommended for someone who speaks Japanese to come with you. If you have any questions, please feel free to ask the Kumamoto Support Center for Foreign Residents at 080-4275-4489.

Australia

Before arriving in Australia, you must get a Covid-19 test (PCR test) within 72 hours of your first connecting flight to Australia and show the negative test result to your airline. All travelers to Australia must quarantine for 14 days at a designated facility, such as a hotel in your port of arrival. You may be required to pay for the costs of your quarantine. To find out more about quarantine requirements, contact the relevant state

or territory government health department [here](#).

Please check this website for any changes in immigration or quarantine procedure:

<https://covid19.homeaffairs.gov.au/coming-australia>

Canada

Before arriving in Canada, you must....

1. Get a Covid-19 test (not an antigen test) within 72 hours of your flight to Canada and show the negative test result to your airline.
2. Register in advance for your arrival Covid-19 test.
3. Make a reservation for a 3 night stay at a hotel, which is included in the overall length of your 14 day quarantine.
4. Submit your quarantine plan to “Arrive Can” [here](#).

You must take another Covid-19 test on the tenth day of your 14 day quarantine. Your quarantine will end after the 14th day only if you get a negative test result from the test you took on your tenth day.

Please check this website for any changes in immigration or quarantine procedure:

<https://travel.gc.ca/travel-covid/travel-restrictions/flying-canada-checklist>

France

Before arriving in France, you must get a Covid-19 test within 72 hours of your flight to France and show the negative test result to your airline. Before boarding, you must present an [exempted international travel certificate](#) and a sworn declaration stating that:

- You do not show signs of COVID-19
- To your knowledge, you have not been in contact with anyone confirmed to have COVID-19 in the 14 days before travel
- You have a negative PCR test result, carried out less than 72 hours before boarding.
- You agree to submit to a virological RT-PCR test for SARS-CoV-2 upon arrival in

France

- You agree to self-isolate for 7 days upon arrival in France and to submit to a virological RT-PCR test for SARS-CoV-2 at the end of the isolation period.

The detailed procedure is explained on the website of the Ministry of the Interior, and all forms can be downloaded from the same page :

<https://www.interieur.gouv.fr/Actualites/L-actu-du-Ministere/Certificate-of-international-travel>

Entries on French territory for people travelling from a non-EU country, even for French citizens, are currently prohibited unless one can justify their entry by a compelling reason. Therefore, it is necessary to fill in a certificate called :

« Certificate of travel to Metropolitan France and overseas territories from a country outside of the European area for French citizens and citizens of the European area ». /

« Attestation de déplacement vers la France métropolitaine et les territoires ultramarins depuis un pays extérieur à l'espace européen pour les ressortissants français et les ressortissants de l'espace européen ».

French jets returning home can tick the following compelling reason specified in the certificate : 1.4 "Retour vers la résidence principale en France (valable uniquement si le départ du territoire métropolitain est antérieur au 31 janvier 2021 ou a été justifié par un motif impérieux) ou établissement de sa résidence principale en France" / 1.4

Return to the main residence in France (valid only if departure from France was prior to 31 January 2021 or was justified by a compelling reason).

Please check this website for any changes in immigration or quarantine procedure:

<https://www.interieur.gouv.fr/Actualites/L-actu-du-Ministere/Certificate-of-international-travel>

Jamaica

Before arriving in Jamaica, you must get a Covid-19 test within 72 hours of your flight to Jamaica and show the negative test result to your airline. You must also gain online

travel authorization to Jamaica. Outlined below are the steps needed in order to gain online travel authorization to Jamaica and FAQ about these procedures can be found [here](#).

1. Complete the online application for controlled re-entry of Jamaican residents. You can find the application [here](#).
2. After your application is reviewed, you may be asked to provide more information.
3. After you receive your travel authorization you can go forward with making your travel arrangements. Don't forget to bring a print / electronic copy to the airport.
4. Before you board your flight, it is also encouraged to fill out the Immigration and Customs Declaration (C5) online at enterjamaica.com.
5. Upon arriving in Jamaica, you will be subject to testing if you are assessed as high risk as a result of your travel history, exhibiting symptoms, exposure to persons who have tested positive, or belonging to a high risk group.
6. If you are assessed as high risk, you will have your sample taken at the airport or other designated facility and await your test result under quarantine at home or in a government facility as determined by the health authorities.
7. If the test is negative, you will be under either a "stay at home for returning residents" measure or be placed in quarantine at home for 14 days depending on the assessed risk.
8. If the test is positive, you will be isolated either at home or in a government facility as determined by the health authorities.

Please check this website for any changes in immigration or quarantine procedure:

<https://jamcovid19.moh.gov.jm/immigration.html>

New Zealand

Before arriving in New Zealand, you must get a Covid-19 test within 72 hours of your flight to New Zealand and show the negative test result to your airline. New Zealand residents who are returning to New Zealand must go through a 14 day managed isolation at a designated facility. Be warned, spaces in the managed isolation are extremely limited, so the earlier you reserve your spot the better. Below are the steps you will need to take in order to go through managed isolation.

1. Enter your passenger details, including any family members, into the “Managed Isolation Allocation System” online portal. You can find the portal [here](#).
2. Select your preferred arrival date in New Zealand. Your preference will be held for 48 hours while you organize your flights.
3. Book your flights then return to the online portal to enter your flight details. Your allocation managed isolation will be confirmed.
4. Print your Managed Isolation Allocation Voucher. You will need to present this voucher at the airport when you board your flight to New Zealand.
5. Stay in your Managed Isolation for 14 days. You can find details about what Managed Isolation is like [here](#).
6. Pay for your Managed Isolation. It is \$3,100 for the first or only person in the room (whether that is an adult or a child) with \$950 for each additional adult and \$475 for each additional child (3-17 years old, inclusive) sharing that room, all GST inclusive. There will be no charge for children under the age of 3. Generally, you will have [90 days to pay](#).

Please check this website for any changes in immigration or quarantine procedure:

<https://www.immigration.govt.nz/about-us/covid-19>

Singapore

Before arriving in Singapore, you must....

- Electronically submit your pre-trip health and travel history declarations via the SG Arrival Card (SGAC) e-service [here](#).
- Register and pre-pay for your post-arrival COVID-19 PCR test [here](#). Please check [this website](#) to see updated testing and quarantine requirements based on the country you are traveling from.
- Install and activate the [TraceTogether](#), [Homer](#) and [WhatsApp](#) mobile applications on their mobile phones.

At this time, Singapore does not require returning residents to take a Covid-19 test 72 hours before your flight. However, please be aware that your airline may require you to do so.

After arriving in Singapore, you must take a Covid-19 PCR test and complete a 14-day

quarantine at dedicated facility, which costs \$2,000. However, you must take another Covid-19 PCR test during your quarantine, which is not included in this cost.

Please check this website for any changes in immigration or quarantine procedure:

<https://safetravel.ica.gov.sg/sc-pr/requirements-and-process>

South Africa

Before arriving in South Africa, you must get a Covid-19 test within 72 hours of your flight to South Africa and show the negative test result to your airline. The test must be conducted by a certified medical practitioner and should have the name and signature of the practitioner who conducted the test.

When you arrive in South Africa, you will need to provide proof of accommodation if you need to self-quarantine. You will be screened for any Covid-19 symptoms or for contact with people who have been infected with Covid-19. If you display any symptoms or if you have been in contact with anyone who has been infected by Covid-19, you will have to take and pay for a Covid-19 test. If the test comes back positive, you must go through and pay for a 10-day quarantine at a designated site.

Please check this website for any changes in immigration or quarantine procedure:

<https://www.gov.za/Coronavirus>

United Kingdom

Before arriving in the UK, you must get a Covid-19 test within 72 hours of your flight to the UK and show the negative test result to your airline. Also, you must book two Covid-19 tests in advance to take upon your arrival in the UK and complete a passenger locator form online, which you can find [here](#).

Everyone coming to the UK must:

- Quarantine for 10 days at the place you are staying. If you are traveling from a country on the “red-list” you must quarantine at a managed quarantine hotel. You can find the updated red list [here](#).

- Book in advance and take two Covid-19 coronavirus tests, one on day 2 and one on day 8 of quarantining.
- Follow the [national lockdown rules](#).

If you are traveling to [Scotland](#), [Wales](#), or [Northern Island](#), please see their specific quarantine and immigration procedures.

Please check this website for any changes in immigration or quarantine procedure:

<https://www.gov.uk/uk-border-control>

United States

Before arriving in the US, you must get a Covid-19 test within 72 hours of your flight to the US and show the negative test result to your airline, or show proof of recovery from the virus within the last 90 days. Below are guidelines provided by the CDC for after you return to the US:

- [Get tested](#) with a [viral test](#) 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
- Follow all [state and local](#) recommendations or requirements after travel.

Please check this website for any changes in immigration or quarantine procedure:

<https://travel.state.gov/content/travel/en/traveladvisories/ea/covid-19-information.html>

Safe Travels and Good Luck! :)

